

How to free write:

STREAM OF CONSCIOUSNESS

FREE WRITING CHALLENGE

1. Clear your mind. Relax.
2. Write the prompt below at the top of your page.
3. Set a timer for 7 minutes.
4. After you've set your timer, WRITE. Don't stop! Don't worry about misspelt words, don't go back to edit. If the idea fades KEEP WRITING. If all that's in your head is 'I have no ideas', just write 'I have no ideas' over and over - just don't stop.
5. When the 7 minutes are finished, STOP.

Article on free writing - [CLICK](#)

Many miles away there's a shadow on the door of a cottage
on the shore of a dark Scottish lake. ~ Walter Scott



D A Y 1

of your 7 day writing challenge. You have 24 hours.

TAKE IN THE PICTURE FOR 1 MINUTE

NOW FREE WRITE FOR 7 MINUTES...

Write this prompt at the top of your page:
ESCAPE TO THE COTTAGE...

A misty forest scene with a small wooden cabin. The cabin has a steep roof and two windows with warm yellow light. Smoke is rising from the chimney. The forest is dense with tall trees and a ground covered in fallen leaves.


Next...

Now:

Highlight five words or sentences from your free write that you are drawn to.

From these 5, choose just one word or sentence. Use this as the prompt for a story beginning -You have seven minutes or 150 words.

Write this story beginning in the same way you did the initial free writing exercise - let it come in a stream of consciousness.



Now send us what you have created:

writing@promptcreative.com - You may be featured!!!

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