

How to free write:

# STREAM OF CONSCIOUSNESS

## FREE WRITING CHALLENGE

1. Clear your mind. Relax.
2. Write the prompt below at the top of your page.
3. Set a timer for 7 minutes.
4. After you've set your timer, WRITE. Don't stop! Don't worry about misspelt words, don't go back to edit. If the idea fades, KEEP WRITING. If all that's in your head is 'I have no ideas', just write 'I have no ideas' over and over - just don't stop.
5. When the 7 minutes are finished, STOP.

Article on free writing - [CLICK](#)

Cities, like cats, will reveal themselves at night.  
~ Rupert Brooke



**D A Y 1**

of your 7 day writing challenge. You have 24 hours.

TAKE IN THE PICTURE FOR 1 MINUTE:

NOW FREE WRITE FOR 7 MINUTES...

Write this prompt at the top of your page:

THE CITY AT NIGHT...





## Now:

Highlight five words or sentences from your free write that you are drawn to.

From these 5, choose just one word or sentence. Use this as the prompt for a story beginning -You have seven minutes or 150 words.

Write this story beginning in the same way you did the initial free writing exercise - let it come in a stream of consciousness.



Now send us what you have created:

writing@promptcreative.com - You may be featured!!!

Information -

CLICK

Shop - [CLICK](#)



# Prompt Creative

•com

PROMPTING CREATIVITY

Copyright Promptcreative.com ~ Contact: [hello@promptcreative.com](mailto:hello@promptcreative.com)

CLICK TO FOLLOW

